

Turmoil & Tranquility

TRANQUILITY

DOCENT INFORMATION

Overview

Tranquility is an exhibition of 26 art quilts created by members of Studio Art Quilt Associates (SAQA), a nonprofit organization whose mission is to promote the art quilt through education, exhibitions, professional development, documentation, and publications. Founded in 1989 by an initial group of 50 artists, SAQA now has over 3,000 members worldwide: artists, teachers, collectors, gallery owners, museum curators and corporate sponsors. Since its establishment, the organization has grown alongside the evolution of the quilt as an art form. Today, SAQA defines an art quilt as a creative visual work that is layered and stitched or that references this form of stitched layered structure.

Tranquility debuted, along with its complimentary exhibit, Turmoil at IQF Houston in 2016. Turmoil hung on the exterior of a space created by paneled walls, open to the hubbub of the greater exhibit hall. Tranquility hung in the interior space, providing a serene environment in which to view these works.

Tranquility is defined as a quality or state of being, possessing the concepts of quiet, peacefulness, calmness or serenity. In contrast, turmoil is defined as a state of great disturbance, confusion or uncertainty. It can be personal and internal, societal or natural. With both, we refer to the calm before the storm; the inner peace that follows catharsis. Opposites attract. Turmoil and Tranquility are in opposition, yet intertwined. The following information is for the Tranquility exhibit and may be used on its own or in concert with the Turmoil exhibit.

The Art and Artists



Flowers of the Vine

48" x 40"

Frances Holliday Alford

Vermont, USA

Frances Holliday Alford is an internationally known Art Quilter. A world traveler, Alford finds inspiration (and materials!) wherever she goes. Known for bright colors and embellishments, most of her work is multimedia and collage like.

A native Texan, Alford lives in Grafton, Vermont, combining her home and studio in an idyllic setting.



Morning Mist

36" x 36"

Linda Anderson

California, USA

Linda Anderson earned a BFA and MFA in drawing from Otis Art Institute of Los Angeles County. She is married with one daughter, two stepchildren, and seven grandchildren. She taught art for 6 years, and then morphed into a few other careers over the next 25 years as she raised a family.

Anderson, her husband and 10-year-old daughter left the US in 1998 and went sailing, ending up in Trinidad and Tobago and lived and worked there for 10 years. Upon return to San Diego in 2009, she discovered the world of art quilts and immediately knew this was her future. She is self-taught and has learned to paint all her fabrics to create the realism she is known for. Anderson has won numerous awards in national and international competitions, and has been published in various magazines and books.



Infinite Possibility

36" x 24"

Meghan Betts

Virginia, USA

Meghan Betts is a quilt artist whose work has been displayed at the International Quilt Association Festival in Houston, the Mid-Atlantic Quilt Festival, Sacred Threads, and other quilt shows. Her quilts have also appeared in numerous books by other quilters and artists. Betts' art draws primarily from the world around her: family, friends, and world events. Working full time in the national security field, her art educates and informs viewers about social and political conflict; she balances these challenging subjects with celebrations of life that provide respite from the noise and challenges of the outside world. Creating primarily abstract work, Betts has developed her own unique method using fused fabric pieces in a painterly manner to add visual texture and depth of meaning to her work.



Ponderings IV

42' x 39"

Erika Carter

Washington, USA

“A passion for creating something of substance from raw materials led me to quilting. It is this same “making” that has helped me find the strength and resiliency to be found in what is sensitive and fragile. I want to portray the poetry in the visual.”

Erika Carter is an award-winning art quilter whose evocative wall quilts have been exhibited throughout the United States and in Sweden, Germany and Japan. Her quilts have been seen in numerous “Quilt Nationals” and “Visions” exhibitions. Among her many honors and awards are an Award of Merit at the 1995 Quilt National, and 2002 and 1991 Artist Trust GAP (grants for artist projects) awards. She is the author of a book about her art, *Erika Carter: Personal Imagery in Art Quilts* (Fiber Studio Press, 1996), and her work has been reproduced and written about in books and magazines including *Art Quilt Magazine*, *American Craft*, and the *Surface Design Journal*. It is also included in many collections, including those of The Museum of Arts and Design in New York and the Museum of the American Quilter’s Society in Paducah, Kentucky. Carter lives and works in Renton, Washington.



A Window Into Spaces

51" x 39"

Maya Chaimovich

Ramat Gan, Israel

In 1995 Maya Chaimovich became acquainted with quilting and was hooked. At the beginning she worked in a traditional way, but quickly became attracted to the art of quilt in today's abstract style. Most of her materials are recycled fabrics. Through the art quilt, Chaimovich expresses her feelings and tells about her experiences in a uniquely recognizable technique.

Chaimovich participates in many group exhibitions and had 14 solo exhibitions both in Israel and abroad. Her quilts have won prizes in Israel, Europe, Japan and USA.

Selected exhibitions:

QUILT NIHON JAPAN 2008, 2010, 2012, 2014, 2016 and Quilt National 2009.

Recent Solo exhibitions:

2012 " -TEL-AVIV, ISRAEL -"PETAL LEAVES".

2013- "TRAVEL LOG", NYC, USA

2013- OEQC, HOLLAND.

2014- Sainte-Marie-aux-Mines, FRANCE, "An Israeli journey"

2014-Soprafina Gallery, Boston, MA, USA, "Sewing Over the Edges"

2016- IQSCM, Lincoln, NE, USA. " Way Point"

2016-Soprafina Gallery, Boston, MA, USA.

Certificates of Recognition- Israel, Switzerland, England, Netherlands, Japan and USA.

2012- was published her book "SIMPLY CREATIVE QUILTS"



Buttongrass Creek: Winter Walk
58" x 39"

Sandra Champion
Tasmania, Australia

Sandra Champion uses paper textiles to create art quilts that interpret the visual image in an abstract form. The influence of the natural environment on her work is seen in her Buttongrass Series where her use of colour, pattern and texture reflect both the fragility and complexity of Tasmania's Buttongrass plains.

Champion collects used dressmakers pattern tissue, which she paints, layers and hand stitches onto silk. She then manipulates the paper textile to organize, compose and construct the piece, reworking repeatedly to arrive at a work that reflects the light and space sensation of this special landscape.

Champion has been exhibiting her work for many years, both in solo exhibitions and group shows. She has won many awards and the Australian National Gallery in Canberra, Australia holds her work.



River View

37" x 32"

Jette Clover

Antwerp, Belgium

Jette Clover was born and raised in Copenhagen, Denmark, but she has lived and worked for many years in the US and the Netherlands. Since 2005, she has been living in Antwerp, Belgium.

Her formal education is in journalism and art history. She has worked on a daily newspaper in Copenhagen, had an art gallery in Los Angeles, and later was curating exhibitions for more than ten years at the Textile Museum in the Netherlands, where she organized the very first European Art Quilt exhibition in 1997. Since 1998 she has worked full time as a studio artist. She has exhibited widely in the US, Europe and Asia, and she is a sought after teacher for workshops in surface design.

Clover has been a member of the European group Quilt Art since 2000, and she was a member of the Art Quilt/NY group for ten years. She is a PAM member and served as the European SAQA rep for three years.



The Sentinel

40" x 40"

Linda Colsh

Maryland, USA

The art of Linda Colsh examines humanist themes, with special focus on aspects of growing old. Returned to Maryland after many years in Europe and Asia, she explores connections between natural spaces and populated, constructed places in her new series. Her imagery and minimal palette is known internationally through exhibition and in public, private and corporate collections. Among her honors are the European Quilt Triennial first prize and Nihon Vogue's Quilts Japan Prize. Colsh has curated, juried, and judged major international exhibitions. She is currently a member of the Advisory Board of the International Quilt Study Center & Museum and previously served as Board member and Secretary of Studio Art Quilt Associates.



Donald in the Light

30" x 29"

Jennifer Day

New Mexico, USA

www.jdaydesign.com

Jennifer Day has been an artist all of her life. She is an ASID Interior Designer, photographer, goldsmith and now an Art Quilter. Day enjoys merging her interests in photography and quilting. Her technique - *Thread Stories* - is a process based on printing her original photographs on fabric and creating a realistic representation of the subject in thread.

Day considers herself a street photographer. Her travels to remote villages in third world countries, gathering images of individuals involved in the routine of their daily lives, and documenting people on the streets of a busy cosmopolitan city have allowed her to create a fabulous collection of images that are the basis of her fiber art. As people view her art, there is an emotional response that validates the stories that are being told.

Day is a teacher, curator, entrepreneur and New Mexico cattle rancher. She teaches her *Thread Stories* technique internationally and in my studio in Santa Fe, New Mexico. Her art also travels the world in juried shows.



Morning Walk

30" x 30"

Donna Deaver

Idaho, USA

Donna Deaver creates textile collages using her own hand-dyed and painted fabrics and extensive stitching. She is intrigued by color, line and pattern found in the world around her, and uses her camera and sketchbook to record often forgotten details, bringing these elements into her work. She works in series in order to go deeper into each subject.

After years of exploring different media, Deaver began making contemporary textile art in 2008. Her award winning art has been exhibited in juried shows in both the United States and Europe, and is included in both private and corporate collections throughout the United States.

Growing up in a career military family, she moved extensively throughout her childhood and teenage years, living mostly in the coastal regions of the United States. She settled as a young adult in the northwest and lives with her husband in Coeur d'Alene, Idaho.



Come Sit with Me, Patrick Caulfield

30" x 30"

Heather Dubreuil

Quebec, Canada

www.heatherdubreuil.com

www.heatherdubreuil.blogspot.ca.

A graduate in Fine Arts (Concordia University, Montreal), Heather Dubreuil is active on the local art scene, managing a small artists' showcase and participating in regional studio tours and art shows.

She is a Juried Artist Member of Studio Art Quilt Associates, and an active member of the Hudson Artists, Text'art Fibre Artists and the Women's Art Society of Montreal. Her work has been shown in dozens of solo and group exhibitions, many of them juried, and her pieces are in collections in Canada, the U.S. and Europe.

Dubreuil has served as a judge at the Quebec provincial quilt show and occasionally teaches fiber techniques.

To see more of Heather's work, to find out about upcoming shows, and to contact Heather, please visit her website and blog.



Succulents

41" x 24"

Alleyn Renli Ecob

California USA

Aileyn Renli Ecob has been sewing since she was a child but started quilting in 1989 and hasn't sewn a garment since! The inspiration for her original quilted art is usually from nature, nearly always plants.

She is a retired dental hygienist and lives in California.



Winter Silence

50" x 26"

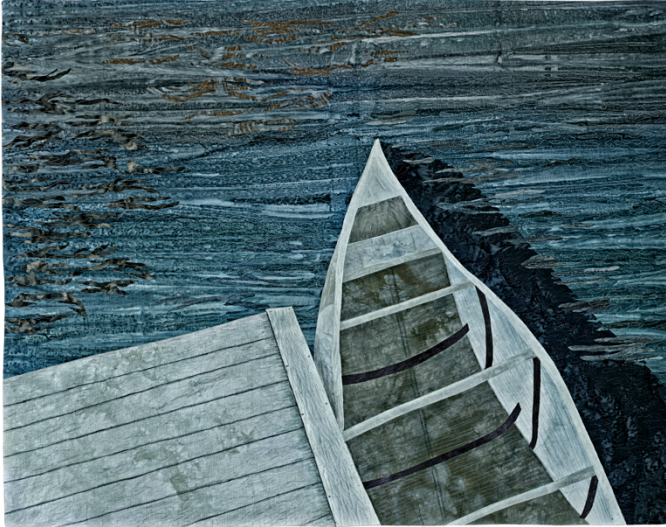
Suzan Engler

Texas, USA

Suzan Engler is a mixed media artist merging photography, digital manipulation, and contemporary fiber arts. She creates an image using computer software; prints it onto fabric; and then quilts heavily to add life to her artwork. Stitching on a piece of fabric is like meditation for Suzan and a most peaceful part of her day.

Her educational journey has taken her from Computer Science to Business Administration to Architectural Interiors and Fine Arts, which contributes to her unique personal perspective and contributes to her fascination with utilizing technology to create her art.

Inspiration comes from the everyday objects, animals, and nature, which she reinterprets in new ways by manipulating light and color. It is Suzan's intention for the viewer to experience something familiar but in a surprising new way.



Summer at the Waterfront

31" x 39"

Sarah Lykins Entsminger

Virginia, USA

www.studioatriplingwaters.com

Sarah Entsminger creates through fiber and thread because she is compelled to bring the images and memories in her mind to life. Her ancestral history, and the cultural importance of handwork, calls her to teach and encourage others, keeping that powerful legacy alive. Organizing and curating exhibits of fiber art allow her to draw others into an appreciation of the work, and a critical understanding of the diversity of artistic expression.

Art has always been a constant in Entsminger's life, and solace when needed. It grounds and centers her in an ever-changing world. Studies and creative expression in a wide variety of art mediums have created the foundation for her current work. It was the decision to use fiber and thread that allowed her to combine all of her previous experiences to create images reflective of the natural world, which continue to define her artwork. The reflected soft light and muted landscapes of the south influence her work, which she creates in her studio in northern Virginia.



Entryway

30" x 26"

Sandy Gregg

Massachusetts, USA

As the daughter of an artist, Sandra Gregg has been creating art for as long as she can remember. Gregg began making art quilts in the 1990's and retired from full time employment in 2002 so that she could follow her passion and spend her time making studio art quilts. Since retiring, she has been working increasingly with fabric she's created herself.

The inspiration for Gregg's work comes from the interaction of color, place and shape. She creates fabric with dye and paint and loves the unexpected results that frequently occur. She sometimes finds that the fabric alone is complete by itself as a whole cloth piece.

Gregg often works on a number of pieces simultaneously (sometimes working in series) because she works intuitively and needs time to study the work on the design wall before deciding how to proceed to the next step. Sometimes adding text as another layer, which can provide texture and meaning, she looks for a balance of light, line, color, space and form. Eventually the piece tells her that it is complete.



A Separate Reality

48" x 36"

Patricia Kennedy-Zafred

Pennsylvania, USA

Patricia Kennedy-Zafred has been telling stories through the medium of textiles and art quilts for over twenty years. Her prize-winning work has been exhibited nationally and internationally, and has been published in books and magazines throughout her career, most recently *Exploring Fiber Art* (Schiffer Publishing, 2017).

Kennedy-Zafred's work is often inspired by a single photographic image, which sets into motion the production of silkscreens, dyeing fabrics, printmaking, image transfer, and finally, the assembly and quilting of the work. Each step is developed to create a visual connection with the viewer through the use of layered processes and materials.

Kennedy-Zafred's work has been accepted into such major juried exhibitions, as Quilt National, Visions, Fiberart International, Artist as Quiltmaker, Fantastic Fibers, Quilts=Art=Quilts, CraftForms, Fiber Options, New Legacies, National Fiber Directions, and SAQA juried exhibitions. Her work has won top prizes at both International Quilt Festival and American Quilt Society competitions.



Translucency and Lavender
41" x 40"

Judith Larzeiere
Rhode Island, USA

Twenty-eight years ago Judith Larzeiere chose strip piecing and machine strip quilting as her method of working as a visual artist. The balance of deliberate planning coupled to uncertainty about the exact look of the completed piece appealed to her. Color interaction that builds movement and excitement was typical of her quilts until 2014 when she began using translucency as a means of creating a new body of work. Subtlety is Larzeiere's new fascination.

In addition to quilt making Larzeiere's interest in gardening, both perennials and edibles, takes over the warm months. She gains inspiration for color from the blooms. Walking along the shore and marshes to admire the reach of the natural world inspires her art. Perhaps more unconsciously music and musical notation is deeply imbedded in her memory as she studied piano 12 years as a child and is now later in life resuming studies on harpsichord.



Tranquility the End

59" x 29"

Michele Lea

Ohio, USA

Michele Lea was raised on a small Ohio farm and exposed to the world of nature and animals. Because of her parents' unique personalities and support she developed a passionate love and respect for nature. Lea graduated with a baccalaureate degree in Art Education from Arizona State University in 1980. She started quilting in 2004 and her work now appears in museums and national art exhibits. Hospitals and art quilt collectors throughout the country collect Lea's work. She responds to the colors and patterns of the fabric allowing it to do the work for her. She loves to embellish with beads and rocks to showcase the fabric and design.



Trees: Contemplation

43" x 26"

Lorna Morck

California, USA

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Born in 1948, Lorna Morck grew up in Colorado where her formal education included foreign languages and data processing. In 1989, she moved to California's central coast, where she currently lives and creates. She has worked in administrative and computer related positions for various aerospace, non-profit, and commercial businesses.

After moving to California, Morck was drawn to fiber art via traditional quilting classes in design and assembly. From there, she progressed to making original wall art. Her work has been shown regionally, nationally, and in private art collections.

Morck often interprets her personal 'writings' and the natural environment using abstracted geometric shapes. In recent years, she has favored a collage approach for layering surface designed fabrics and papers, which are painted or dyed. She emphasizes textural contrasts with the use of fibers and stitching. Lorna is known for two divergent art styles: rambunctious, bright, colorful art, and simple, calm, subdued art.



Flown

30" x 40"

Wen Redmond

New Hampshire, USA

Wen Redmond explores her medium, fiber, focusing on experimentation and expanding its presentation. Her unique artistic work merges digital processes, photography, collage, media mix and surface design.

Redmond has created several signature Digital Fiber Techniques; Holographic Images, Textured Photographs and Serendipity Collage. Her latest work continues experimenting with digital photography, manipulating and printing images on medium substrates.

She has been published widely in books and magazines, featured on Quilting Arts Television and has two available DVD workshops with Interweave Publishing. Wen's book with the working title 'Digital Explorations in Fiber and Paper' is due to be published December 2016.

Redmond's work has been included in many juried exhibits and collections, including Marvin Fletcher's, Quilt National collection.

She delights in creating dialogue, changing perspectives and perceptions of fiber, creating unusual combinations of painting and digital media into a one of a kind art piece.



Blossom By the Lake

40" x 29"

Shoshi Rimer

Israel

shoshirimer@yahoo.com

www.shoshir.co.il

Shoshi Rimer was exposed to quilting in 1995 during her studies in "Itzuvim" Combined Art College. The course, which focused on traditional techniques, introduced her to the centuries-old basics of quilting. Therefore, quilts of the first years were based on traditional techniques. Rimer used it to create a quilt, but the only self-expression was through her fabric choices.

Later, she studied with various teachers and artistic quilters in Israel and abroad, thereby learning a number of innovative techniques. Gradually she developed a more personal way of expressing herself. She used the acquired techniques as a foundation while letting her imagination run free as she designs her works. For Rimer, quilting is a wonderful evolving art form, offering infinite creative possibilities and learning opportunities. The Inspiration for her quilts comes from a variety of sources. It can be nature, an expression, a color or a word.



Whooper Reflection

53" x 36"

Judith Roderick

New Mexico, USA

Judith Roderick touched upon the Batik process while she was a Painting and Design major at Carnegie Tech, in the early 60's, and has been working with fiber ever since. She first created large batik banners, and later batik clothing, and quilts. She started silk painting in 1982, when the silk dyes first came to the US, and had a long Wearable Arts career with her silk-painted clothing.

Roderick is currently painting silk scarves and creating Silk Art Quilts. She is a Juried Artist Member of SAQA, Studio Art Quilt Associates, and shows her quilts nationally and internationally in juried shows.

"I still love the spontaneity and flow of the colors, the brilliance with which the silk takes the dye. I love to depict Nature and use my drawing skills to create the whole cloth images that capture my imagination. I also love the complex, multi-layered and meditative quality of making Art Quilts."



Adoration

35" x 35"

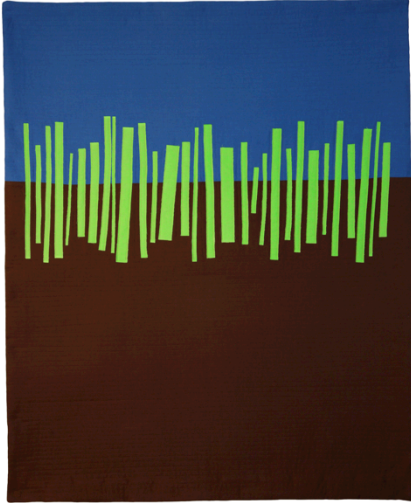
Gwyned Trefethen

Wisconsin, USA

Gwyned Trefethen is a self-taught artist who began as a traditional quilter in 1988. She soon found patterns too restricting, so branched out into the uncharted territory of creating her own designs.

Trefethen's work has been exhibited in galleries and museums, both nationally and international. Her piece, *Botswana Bounty* is the featured quilt on the title page of *500 Art Quilts*. Her work has been purchased and commissioned for private collections. She is an award-winning artist, whose awards include Best Use of Color and Most Innovative.

Trefethen has been a member of Studio Art Quilt Associates for many years. She has been a regional representative for SAQA. She is currently the Chair of SAQA's Exhibition Committee.



April 22nd, Lake County Series
37" x 30"

Cynthia Wenslow
Illinois, USA

Cynthia Wenslow is a multidisciplinary artist, curator and arts writer based near Milwaukee, Wisconsin. Her work is included in private and corporate collections internationally. Working in what she terms an "essentialist" style, Wenslow explores the elements that define a particular place in a particular moment in time -- with nothing superfluous added and nothing essential omitted. Her current body of work is based on her daily observation of her heterogeneous home county.



Circle Back

54" x 40"

Tina Williams Brewer

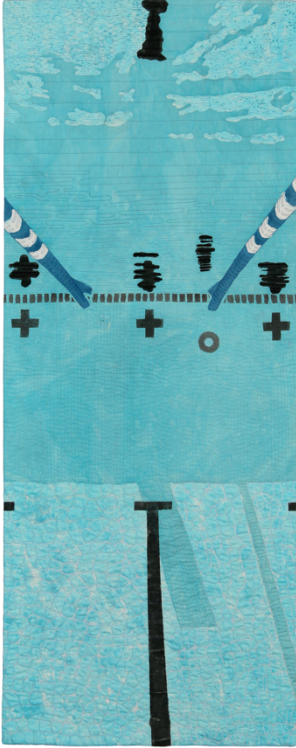
Pennsylvania, USA

Tina Williams Brewer is an internationally- known quilting artist. Brewer, who started quilting in 1986, describes her design process as using the concept of the "lukasa."

Brewer was born in Huntington, West Virginia and was graduated from the Columbus College of Art and Design. She is currently based in Pittsburgh, PA and has served on the boards of the Associated Artists of Pittsburgh and Pittsburgh Filmmakers/Pittsburgh Center for the Arts. She is a member of the Fiber Arts Guild of Pittsburgh and the Women of Visions organization. She has been a long-time participant in the residency programs of Pennsylvania Council on the Arts and Society for Contemporary Craft in Pittsburgh.

Williams's story quilts have been exhibited internationally via the "Arts in Embassies" program of the U.S. Department of State. Her quilts are displayed at the U.S. Embassy in Ghana. Her work was also included in that program's exhibitions in Accra (2003), Khartoum (2009) and Dhaka (2011). Friday, June 12, 2009 was proclaimed "Tina Williams Brewer Day" by Pittsburgh City Council.

Brewer has received the 2009 Volunteer in the Arts award and has been named Lifetime Achievement Artist by the Pittsburgh Center for the Arts.



The Deep End
60" x 24"
Kathy York
Texas, USA

A long time sewist, Kathy York took up quilting while attending graduate school after teaching science for many years. She began with traditional quilts but quickly transitioned to creating art quilts. Her current work uses many hand-dyes and batik cotton fabrics. Her work is defined by bright colors and graphic patterns. Her art quilts tell stories related to her life experiences.

York has exhibited in galleries and quilt shows across the United States, including being selected as a finalist at the highly coveted Quilt National, 2009. Her work has been widely published and has the distinguished honor of the most covers for Quilting Arts Magazine. Her work has been juried into numerous invitational exhibits including Dinner@ Eight Artists and SAQA. Her work has been commissioned for a children's hospital and is currently held in numerous private collections. In addition to art quilts, York also makes modern quilts and recently won "Best in Show" at QuiltCon2015.

Connections and Discussion Points for Docents and Visitors

Tranquility can be experienced on a global scale as in peace, or thriving ecosystems. It can be intensely personal as well, such as a calming or enlightening experience. The chosen artworks are intended to set a mood for the viewer, through color, line, and composition. Yet they also reflect the experiences and interpretation of the artists. It is possible that pieces may at first glance seem active or busy, but upon reflection depict a mental or physical place of refuge. The riotous color of a garden may not seem calming at first, but who doesn't relax at the touch of a lightly scented breeze or find oneself mesmerized by the crashing of waves? Cheerful color and pattern have the potential of invoking pleasant memories, just as low volume tones and contemplative subject matter invite tranquil introspection.

Look closely at the artworks. Listen to the sounds of the images depicted. Feel the emotions of the characters portrayed. What is seen, what is absent? How does it affect you the viewer? If both exhibits are shown together, notice the interplay between turmoil and tranquility and experience not only the differences between them, but also an appreciation for the nuanced similarities they share. The following discussion points will help the viewer delve a little deeper into the artwork. It's important to remember that there is no one correct answer and that artworks may be appropriate for several responses.

Technique

Art quilting is open to myriad ways of manipulating fabric and fabric-like substrates. Look at the various ways the artists have presented their subject matter. Which techniques are you familiar with? Which are new to you? Which seem particularly appropriate to the theme of the exhibit? The following are some examples of works using various techniques. Note that some quilts may fall into several categories.

Photography:

Donald in Light by Jennifer Day

A Separate Reality by Patricia Kennedy-Zafred

Flown by Wen Redmond

Printing and Dyeing Techniques:

The Sentinel by Linda Colsh

Entryway by Sandy Gregg

Trees: Contemplation by Lorna Morck

Painting on fabric:

Succulents by Aileyn Renli Ecob

Whooper Reflection by Judith Roderick

Applique/collage with fabric:

Flowers of the Vine by Frances Holliday Alford

A Window into Spaces by Maya Chaimovich
Come Sit With Me, Patrick Caulfield by Heather Dubreuil

Patchwork and piecing:

Buttongrass Creek by Sandra Champion
Translucency and Lavendar by Judith Larzelere

Identify techniques in other artworks or combinations of techniques.

Color

Look carefully at the use of color in the quilts. How are low contrast and/or pale colors used to convey tranquility? Are there colors or palettes excluded? What colors suggest tranquility to you?

Compare the use of similar color schemes in two water-themed pieces: *Buttongrass Creek* by Sandra Champion and *River View* by Jette Clover. We usually associate blue with water, but these two works incorporate many other colors as well.

Green appears in many of the Tranquility artworks. How is it used in the following pieces?

Succulents by Aileyn Renli Ecob
April 22nd—Lake County Series by Cynthia Wenslow
Ponderings IV by Erika Carter

Themes

Several of the artworks address similar themes. Compare the similarities and differences between these works, and look for others which speak to each other, or to the viewer, in related ways.

Many of the artworks embody a place which is a tranquil refuge for the artist. Compare both the subject and the techniques of *Ponderings IV* by Erika Carter and *A Window Into Spaces* by Maya Chaimovich. *Morning Walk* by Donna Deaver and *Summer at the Waterfront* by Sarah Entsminger both recall places where water brings memories and comfort. What other similarities can you find in these two pieces?

Several pieces in the exhibit show people in deep thought. Compare *The Sentinel* by Linda Colsh, *Donald in Light* by Jennifer Day, and *A Separate Reality* by Patricia Kennedy-Zafred. The figure in *The Sentinel* appears calm despite the busy world around him, Donald is calm and peaceful, and the geisha convey an air of grace and peace regardless of circumstances.

Family can be a source of tranquility. *Infinite Possibility* by Meghan Betts finds calm in bonding with a child on a regular morning jog. *Flown* by Wen Redmond revels in the

brief quiet of an empty nest both actual and metaphoric. And *Adoration* by Gwyned Trefethen revels in a tender moment between grandmother and grandchild.

Several artworks have found tranquility in response to turmoil. Frances Holliday Alford turned frustration into joy when she made *Flowers of the Vine*. It's chaotic composition and bright colors nevertheless inspire ebullience and pleasure. *Tranquility in the End* by Michele Lea embodies the search for a place of peace and light in the face of depression. *The Deep End* by Kathy York reflects on dual meanings of the title. On the one hand, the artist reflects on motherhood and the feeling of being "in too deep." On the other hand, a dive into the deep end brings a moment of quiet solitude, and a refreshing reemergence, ready to take on the challenges of the day. Where might you seek, or utilize, tranquility amid turmoil?

When Shown With Tranquility:

Three artists have work in both the Tranquility and the Turmoil exhibits. How are their two works similar to each other; how are the works different?

Linda Colsh

Sandy Gregg

Patricia Kennedy-Zafred

Can you find any other "pairs" which seem to speak to each other by way of subject matter, technique, or appearance?

Are there any pieces in the Turmoil exhibit which you might consider to be tranquil? Are there any pieces in the Tranquility exhibit which express turmoil to you?

Were there pieces in either exhibit whose inclusion surprised you, either by content or by color and composition?